



The European Graduate School  
EST. 1994

# DISCOVER ART AS SOLUTION



## OUTSTANDING FEATURES OF EGS

- 1 ↘ Well-established Graduate School nurturing generations of qualified expressive arts therapists for 25 years
- 2 ↘ Founded by one of the founders of expressive arts therapy Dr. Paolo J. Knill
- 3 ↘ Exposure to the cutting edge applications of EXA to coaching / education / global health
- 4 ↘ Pioneering and experienced faculty members at EGS
- 5 ↘ A community having international students from Europe / North and South America / Asia / the middle East
- 6 ↘ Learning the Intermodal Decentering (IDEC) EXA Approach
- 7 ↘ Summer intensives at Sass-Fee in the Alps including the Italy graduation trip
- 8 ↘ Local practicum support on wide range of clientele with supervision
- 9 ↘ Contextualization by engaging with the creative arts therapists in Asia

### Admission requirement

The deadline of application is in April every year.

Please visit ↘ [www.expressivearts.egs.edu/admission-requirements](http://www.expressivearts.egs.edu/admission-requirements)

### Tuition fee

Please visit ↘ [www.expressivearts.egs.edu/tuition-and-fees](http://www.expressivearts.egs.edu/tuition-and-fees)

With an Education in Expressive Arts  
in the area of Therapy, Coaching, Consulting,  
Education, and Global Health



MASTER OF ARTS  
IN EXPRESSIVE ARTS THERAPY  
WITH A MINOR IN PSYCHOLOGY

# ABOUT THE EUROPEAN GRADUATE SCHOOL

The EGS Arts, Health and Society Division (AHS) offers programs in the Expressive Arts, which are arts-based, community-oriented, environmentally-sensitive and follows an adult-learning model. Training and research at the Arts, Health and Society Division of the European Graduate School are based on that capacity and encourage students to take responsibility for shaping their development as learners in a collaborative and supportive atmosphere.

## PROFILES OF FACULTY MEMBERS



### **Margo Fuchs Knill** *Ph.D.*

Dr. Margo Fuchs Knill is Professor, Dean of the Masters Program, Division of Arts, Health and Society at the European Graduate School EGS and is also a founding faculty member. She is a former Assistant Professor at Lesley University, Cambridge, MA. She is a registered therapist and play therapist supervisor, certified Expressive Arts therapist and a licensed mental health counsellor.



### **Stephen K. Levine** *Ph.D., D.S.Sc*

Stephen K. Levine is the ex-Dean of the doctoral programme in European Graduate School. He has written numerous publications in the field of Expressive Arts, including *Poiesis: The Language of Psychology and the Speech of the Soul*; *Trauma, Tragedy, Therapy*; *Principles and Practice of Expressive Arts Therapy: Toward a Therapeutic Aesthetics*, etc.



### **Ellen G. Levine** *MSW, Ph.D.*

Ellen G. Levine is a Professor and Core Faculty member of the European Graduate School. She is the author of several well-known expressive arts therapy books. In Toronto, she is a Senior Staff Social Worker at the Hincks-Dellcrest Centre for Children's Mental Health where she teaches, supervises and practices in the areas of play therapy, group therapy and expressive arts Therapy.



### **Heather Dawson** *MA, CAGS, RCC, RCAT*

Heather Dawson is the Founder and Director of Vancouver Expressive Arts located on the Canadian Westcoast. She has a Masters in Expressive Arts Therapy, a Registered Art Therapist, a Registered Clinical Counsellor and a body-centered Psychotherapist, trained in the Hakomi Method.

## INTRODUCTION

Through its intermodal approach, Expressive Arts Therapy integrates different art modalities within a therapeutic context. This creative process supports us to respond and to shape our world in a way that is life-giving and healing. The intrinsic human capacity to create is at the center of the therapeutic work and thus the creative urge becomes stronger than illness, disease or psychic disorder, empowering the client to come in touch with their inner strengths and gain insight on how these resources can impact and transform the larger disharmony.

This Program is ideal for professionals, artists, workers in healthcare setting and anyone who wants to engage with the arts to work as change agent with clients, using the process of art making to improve the quality of life for people with disabilities, psychic disorders, and disharmony in their personal life.

### **Duration**

2 or 3-year part time

### **Medium of delivery**

English

### **Deadline of application**

April of each year

### **Overview of the curriculum**

Six modules  
(120 cp ECTS or 60 US Credits)

### **Local module provider**

#### **Intermodal expressive arts**

##### **\_ Module K**

- > EXA oriented Theatre
- > EXA oriented Visual Art
- > EXA oriented Poetry
- > EXA oriented Music
- > Intermodal Oeuvre oriented

#### **Theoretical foundation & research**

##### **\_ Module F**

- > Developmental psychology
- > Biography as a resource
- > Understanding health and illness
- > Professional ethics
- > Intermodal research colloquium qualifying exam
- > Thesis project

#### **Field Work & Supervision**

##### **\_ Module P**

- > EXA group supervision
- > Internship seminar
- > EXA individual supervision
- > Internship (465 hours)
- > Method-specific training

### **EGS summer intensive**

Interdisciplinary Approach Therapy

##### **\_ Module P (EGS)**

Philosophical and Aesthetic  
Foundation Interdisciplinary Approach

##### **\_ Module D**

Expressive Arts Master Exams

##### **\_ Module E**